



How physicians can reduce stress

The Texas Medical Association sponsors a CME credit offering regarding stress and burnout for physicians, along with other CME opportunities:

David B. Posen, MD has a CME offering in the Canadian Journal of Continuing Medical Education, April 1995.

"The Doctor's Page" a website exclusively for practicing physicians has many helpful insights into everyday practice and personal issues unique to the practicing physician:

The national Library of Medicine website has an interesting article on gender differences in physician stress.

The Archives of Internal Medicine has an abstract in Vol. 150 No. 9, September 1, 1990 on Healthy approaches to physician stress by T. E. Quill and P. R. Williamson, Department of Medicine, Genesee Hospital, Rochester, NY 14607.

The Tennessee medical Foundation has a great article on physician stress entitled "Here to Help: by Roland Gray, MD.

Medical Coding and Practice Management Consultants BOTTOM LINE sponsors a cruise for physicians and their families to de-stress.